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Please click the class link below, download the Zoom app and make a profile.

On the day of class enter the meeting ID and password.

PASSWORD FOR ALL CLASSES IS miamiparks (all lowercase no spaces)

MARCH/MARZO2024

Monday/Lunes	Tuesday/Martes	Wednesday/Miércoles	Thursday/Jueves	Friday/Viernes
	<p>Antonio Maceo Park 5135 NW 7 St. Miami, FL, 33126 (305) 960-2930</p>			<p>1 <u>DOMINO</u> 8:00am-5:00pm <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 12:00pm-1:00pm</p>
<p>4 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm</p>	<p>5 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u> <u>10:30-12:00</u> <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM</p>	<p>6 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm EVENT 1:30-3:30</p>	<p>7 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u> 10:30am– 12:00am <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm</p>	<p>8 <u>DOMINO</u> 8:00am-5:00pm <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 12:00pm-1:00pm EVENT SIMPLY 1:30-3:30</p>
<p>11 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u></p>	<p>12 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u> <u>10:30-12:00</u> <u>NEEDLEPOINT/ CANVAS</u></p>	<p>13 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u></p>	<p>14 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u></p>	<p>15 <u>DOMINO</u> 8:00am-5:00pm <u>STRECTHING/</u> <u>ESTIRAMIENTOS</u> 9:00am-10:00am</p>

10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm	8:30AM-10:30AM VALENTINES PARTY 1:30-3:30	10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm EVENT 1:30-3:30	10:30am- 12:00am <u>PRAYER/ORACIÓN</u> 11:00am-12:00pm <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm	<u>STRECTHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECTHING/ ESTIRAMIENTOS</u> 12:00pm-1:00pm
18 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm	19 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u> <u>10:30-12:00</u> <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM PARTY 1:30-3:30	20 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm	21 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u> 10:30am- 12:00am <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm	22 <u>DOMINO</u> 8:00am-5:00pm <u>STRECTHING/ ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECTHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECTHING/ ESTIRAMIENTOS</u> 12:00-1:00 EVENT SIMPLY 1:30-3:30
25 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm BINGO 1:30pm-3:30pm	26 <u>DOMINO</u> 8:00am-5:00pm <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM <u>YOGA/YOGA</u> <u>10:30-12:00</u> <u>PARTY 1:30-3:30</u>	27 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm	28 <u>DOMINO</u> 8:00am-5:00pm <u>YOGA/YOGA</u> 10:30am- 12:00am <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm	29 <u>DOMINO</u> 8:00am-5:00pm <u>STRECTHING/ ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECTHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECTHING/ ESTIRAMIENTOS</u> 12:00-1:00